

School of Education and Social Work

# Master of Education in School Counseling

Handbook 2024 -2025



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### **Mission Statement**

The mission of the Providence College School Counseling Graduate Program is consistent with that of Providence College that actively cultivates intellectual, spiritual, ethical, and aesthetic values within the context of the Judeo-Christian heritage. These values are nurtured by the unique tradition of the Dominican Order that emphasizes quality teaching and scholarship. The program encourages prospective school counselors to recognize and accept the differences that exist in the traditions, discipline, practices, and culture that children bring into the school.

Our graduates are prepared for K-12 school counseling upon completing the program and have acquired appropriate skills for counseling all children and adolescents, are experienced with the use of technology, display clarity regarding the appropriate roles for school counselors, and are committed to the use of culturally responsive practice in support of every student and family they serve.

## **Purpose**

The Master of Education degree program in School Counseling is intended to provide students with a broad background in counseling theories and skills. The program offers our students a strong curricular experience designed to produce professional school counselors who are able to integrate theory and practice and provide professional and culturally responsive leadership.

The School Counseling Program is a 42–credit program which meets the requirements of the Rhode Island Department of Education (to include 300 hours of internship in a school setting and a minimum passing score of 159 on the Praxis II Professional School Counselor Test 5422) for certification as an elementary, middle, and secondary school counselor. Students seeking licensing or certification from other states are responsible for assuring they meet the standards for credentialing in those states. Although certification requirements vary from state to state, the Praxis II Professional School Counselor Test 5422 is required in a majority of states.

PC's graduate program in school counseling prepares our students to enter the profession of school counseling ready to implement a comprehensive and developmentally appropriate school counseling program that serves the needs of all students. As graduates, they are prepared to demonstrate leadership, advocacy, teaming and collaboration, implementation of evidence-based practice, and they are culturally competent and committed to social justice and equity in education.

## **Standard-Based Program**

A profession is characterized in part by standards that articulate a vision of excellence, define the highest levels of achievement and specify appropriate behaviors. The American School Counselor Association (ASCA) National Model (ASCA, 2019) provides multiple types of standards for the school counseling profession.

Embedded in the ASCA Model are a) student standards, b) counseling program standards, c) professional school counselor standards and 4) ethical standards. Collectively, these define the essential outcomes to be achieved by the school counseling profession.

Standards provide a mechanism to define specific results (outcomes) in terms of student performance. To be standards-based means that the school counseling profession is focused on students achieving specific results and demonstrating (providing compelling evidence) that progress is being made toward the standards and/or that the standards have been met.

The School Counseling Program at Providence College prepares graduate students for entry into the profession by basing its courses on several sets of standards.

#### **Graduate Student Standards**

The graduate student standards utilized in this program are the Council for Accreditation of Counseling and Related Programs (CACREP) 8 Common Core Area standards. Collectively they define the knowledge, skills and attitudes toward which students are working. Each course has incorporated specific standards which are aligned with course assignments. Students create a portfolio that demonstrates the achievement of each standard.

#### **Student Standards (K-12)**

#### **Social Emotional Learning**

The five core groups of social and emotional competencies identified by The Collaborative for Academic, Social and Emotional Learning (CASEL) and embraced by the RI Department of Education (RIDE) are integral to school counseling programs. Self-awareness, Self-management, Social-awareness, Relationship Skills and Responsible Decision-making are concepts integrated into the content of the preparation for our graduate student.

<u>ASCA Mindsets & Behaviors</u> for Student Success: K-12 College- and Career-Readiness for Every Student

#### **Professional Standards**

ASCA Ethical Standards for School Counselors ASCA School Counselor Professional Standards & Competencies

### Admission

When a student graduates from Providence College with a Master's Degree of Education in School Counseling, we are verifying that the student, upon completing certification requirements in a given state, is ready to begin serving the public as a qualified school counselor.

#### **The Admissions Process:**

- Application (Click here for links to the application and for more information regarding the application process, including information for international applicants)
- Application fee of \$65.00
- Undergraduate and Graduate transcripts
- Two Recommendations
  - Submitted on official forms with the recommenders' name signed across the seal
    - both from school administrators/supervisors (educators)
    - both from undergraduate professors (non-educator/recent graduate)
    - both from work supervisors (non-educator)
- A professional statement including:
  - o the core values and beliefs that you bring to the position
  - the experiences that have shaped your thinking
  - o your observations of other professionals in this position
  - the impact you hope to have on a school community

#### **Policies and Procedures**

#### **Acceptance into the Program**

Candidates formally begin the program at three intervals per year:

- ➤ Students accepted in the March 1<sup>st</sup> application group may begin the program in Summer I, Summer II or Fall Semester.
- ➤ Students accepted in the July 1<sup>st</sup> application group begin the program in the Fall Semester.
- > Students accepted in the November 1st application group begin the program in the Spring Semester.

A required orientation for new candidates will be conducted by the director following acceptance.

#### **Transfer of Credits**

No more than six credits may be transferred into the program.

#### **Graduate Education Scholarship Funds**

There is an annual distribution for the three scholarship funds (Monahan, Sullivan, and Coccia). The scholarship funds provide small (usually 1-course) tuition scholarship grants to deserving underrepresented students who are enrolled in a Providence College Masters of Education degree program. Candidates must complete the <u>Graduate Education Scholarship Form</u>.

#### **Length of Program**

Candidates must complete all requirements of the Masters of Education (M.Ed.) Program within five years. Exceptions may be granted because of extenuating circumstances (illness, accident, etc.). Requests for an extension or leave of absence must be made in writing.

#### **Course Sequence**

The fourteen courses for his program are divided into five clusters. Students are encouraged to follow the suggested order as described on page 17. Sample maps of courses are given on pages 16-17. The schedule of courses is located on page 18.

#### **Email Address**

**All candidates must use their PC email addresses** to communicate with instructors and staff. Candidates are expected to check their PC email account and are held responsible for notices and due dates communicated through the PC account.

#### **Grading**

A letter grade of C is the lowest passing grade for graduate courses; however, a B average is required for graduation. The following letter/numerical grade conversion chart will be applied to the above projects:

A	A-	B+	В	B-	C+	С	C-
94-	90-	87-	84-	80-	77-	74-	70-
100	93	89	86	83	79	76	73

All projects will be carefully reviewed according to a rubric, which will be provided and discussed in class. The final course grade will be posted on Cyberfriar in accordance with the Providence College grading timeline. Candidates whose projects are not submitted according to the suggested due date and who do not make prior arrangements for additional time with the course instructor will receive an incomplete grade until all work is submitted and reviewed. No penalty will be imposed for candidates who request additional time.

#### **Course Grade of Incomplete**

An Incomplete (grade of "I") indicating unfinished course requirements may be given to a student who is unable to fulfill all requirements of a course due to extenuating circumstances. The student may request that the instructor, before the course withdrawal deadline, assign an end-of-term grade of "I." The instructor may agree to this request when, as a result of serious illness or other justifiable cause, the work cannot be completed by the end of the term.

A grade of "I" will not be granted to a student who has been excessively absent during the term or fails to complete 60% or more of the coursework. A student who receives an "I" grade may not attend class meetings in a future semester in order to make up outstanding requirements.

Students must submit incomplete work to instructors in accordance with the following schedule:

- Summer Incompletes by the following Fall mid-semester date(TBA);
- Fall and Winter Incompletes by the following Spring mid-semester date(TBA);;
- Spring Incompletes by the end of the following Summer Session 2.

Instructors then have seven business days to review work and submit grade changes to their School Dean's Office.

After the deadline, any remaining "I" grade will be recorded as an "NC" ("Not Completed") which will earn 0.00 quality points per credit hour in the GPA. In order to receive course credit following an "NC," the student must register for and successfully complete the course again. Once an "I" converts to an "NC" it can only be changed to another (standard) grade after a successful appeal to the Graduate Council Exceptions Committee and with the approval of the instructor.

Extensions to the above deadlines may be given in cases of deployment of students who are on active duty in the United States Armed Forces, National Guard, or Reserve, or by appeal to the Exceptions Committee of the Graduate Council.

#### **Required Grade/Assessments**

Candidates are required to maintain a "B" average in all coursework and develop a portfolio that demonstrates mastery of CACREP Standards.

Standards are assessed as they are met by course instructors and then again at the end of coursework. At the conclusion of the internship, a final, comprehensive assessment includes a presentation by candidates of their personal discovery of strengths, challenges and best learning.

#### **Class Attendance**

School counseling candidates are expected to attend all scheduled classes each semester and to demonstrate the completion of weekly readings and assignments through their participation in class discussions.

- Candidates should not schedule vacations that interfere with class attendance.
   This is true of any semester, but especially the summer sessions. Since the amount of time missed during a summer session would be substantial, instructors may deny participation in the course due to the significant amount of instruction that would be missed.
- Candidates who are absent from one or more classes due to scheduled
  professional events, such as parent conferences or school meetings, should
  inform the instructor ahead of time and make up missed work.
- Candidates who miss one or more classes due to illness should contact the instructor and make up work that was missed.

#### **Class Engagement**

In addition to completed assignments, candidates demonstrate commitment to their learning through the ways in which they engage in their classes. Levels of class engagement are most often associated with participation in class or group discussions; however, other demonstrations of engagement may include focused attention and obvious commitment to the reading of texts and other requirements through discourse or presentations.

#### **Disclaimer**

The course syllabus and class schedule may change at the discretion of the course instructor. All changes will be communicated to graduate candidates in class and by PC email.

#### **Science of Reading**

Teachers are required to be "aware" or "proficient" in structured literacy, depending on the grade level and subject area in which they teach. Consequently, school counseling candidates should be knowledgeable of this legislation (Rhode Island, 2019):

- All candidates admitted to the program as of July 1, 2022, will be required to demonstrate proficiency at the "awareness" level in the science of reading.
   This can be done in one of two ways:
  - Take and pass the online training provided by RIDE free of charge through their site, Bridge-RI.
  - Participate in district-level training that meets the awareness level of proficiency.
- Either of the above paths will provide individuals with a Certificate of Completion which they will place in their school counseling portfolios.

#### **Application for Graduation**

Candidates must apply to receive their degree and/or to participate in the graduation ceremony.

- 1. Students may choose to participate or not to participate in the graduation ceremony. All students, regardless of choice, **must apply to graduate** to receive their degrees.
- 2. When the Dean receives an application for graduation from a candidate, a notice is sent to the School Counseling Program Director who reviews the individual's transcript and signs the Degree Clearance Form indicating (a) approval for graduation or (b) "degree hold." The director will certify each degree and release diplomas that are on hold at a later date when all requirements are documented.
- 3. Degrees are conferred in December (no ceremony) and May (with or without ceremony).

#### **Praxis Exam**

4. Taking the Praxis Exam, that is, the Professional School Counselor test (5422) is a requirement for the M.Ed. in School Counseling Program. Candidates must take the Praxis exam before graduation. Passing the Praxis is required for RI Department of Education certification. Out-of-state students may substitute their state-testing requirement for the Praxis.

#### **Class Cancellation:**

In the event that class is cancelled because of College closings or the inability of the instructor to meet with the class, students will be informed via PC email and/or social media as quickly as possible. Inclement weather closure can be confirmed by calling the College Snow/Inclement Weather Line (401-865-1012) A cancelled class may be made up during exam week or at a time that is negotiated with the class.

#### **Academic Integrity**

In the Providence College Graduate Catalog (2023-2025), the following statement reflects the college position on academic integrity and the actions that are considered to be in violation of that position:

Our Judaeo-Christian heritage and our commitment to the intellectual and moral growth of our students are central to the Mission of Providence College. We are committed to developing the habits of living a productive life that includes the conscious and public practice of integrity. Our Mission inspires us to pursue Truth, and to identify God as Truth, and thus we are committed to cultivating the virtue of honesty in all aspects of campus life, especially in our pursuit of Truth in the classroom, whether that classroom is in-person or on-line. We recognize that violations of integrity are harmful not only to our own pursuit of Truth, but are detrimental to the entire learning community of our College in that they dishonor our efforts and compromise our dedication to a spirited pursuit of learning. To such an end, we expect our faculty, students, and administrators to support this culture of honesty, integrity, and respect for the Truth. We believe that the best way to assure that our community embraces a lifelong commitment to integrity is through the full participation of students in the process of development and implementation of a policy that allows for the practice of integrity among our entire College community.

All graduate students are expected to understand and avoid violations of academic integrity and to adhere to the highest standards of integrity in all academic work. Further information about the Providence College Copyright Policy and Guidelines can be found at the following website: <a href="https://catalog.providence.edu/content.php?catoid=36&navoid=1342#Academic Integrity">https://catalog.providence.edu/content.php?catoid=36&navoid=1342#Academic Integrity</a>

#### **Disability Accommodations**

Providence College offers equal educational and employment opportunities to all members of the College community according to the Americans with Disabilities Act and Section 504 of the Rehabilitation Act. Students with a documented disability should arrange for accommodations with the Office of Academic Services at

https://academic services.providence.edu/services/rights- responsibilities.

#### **Academic Support Services**

The Student Success Center (SSC) offers a variety of academic support programs to promote inclusive excellence and equal access to educational opportunity. Services are tailored to address individual or collective needs; and they are offered in a safe, supportive environment where all students are welcome and challenged to realize their full potential. <a href="https://academic-services.providence.edu/">https://academic-services.providence.edu/</a>.

Phillips Memorial Library, Room 250 401.865.2494

#### **Inclusivity Statement**

Providence College is committed to welcoming and retaining a diverse faculty and student body. School Counseling candidates should know that diversity, equity and inclusivity are major factors in every decision made at the college.

#### **Digital Devices/PC Email**

Cell phones, I-pads and personal computers may be used for instructional purposes; however, all candidates should refrain from personal use of digital devices during class time. School Counseling candidates are responsible for keeping their PC email account active and for checking this email regularly. All college and class communication will take place through PC email.

#### **Classroom Safety Policy**

In the event that building fire alarms are activated, all occupants must exit from the building. Students who require assistance during an emergency evacuation should make arrangements with the course instructor in advance. All students should become familiar with emergency exits.

#### A Word about Writing

As aspiring school counselors, graduate candidates must demonstrate a commitment to learning and academic work in their own lives and serve as models for the children and adults in their communities.

High personal standards are essential to promote high standards for students. The task of writing a clear and effective report, case study, lesson, or reflection is challenging. Candidates must work beyond a first or second draft. Revision and editing involve undivided attention to content and grammar. In the Graduate School Counseling Program at Providence College, candidates are expected to exemplify sound oral and written communication skills. The written work submitted in this graduate program will be evaluated according to standards that are reflective of a highly literate professional.

#### **Graduate Assistantships**

Graduate Assistantships are jobs that are available to students who have been officially accepted into a graduate degree program and are enrolled on a full-time basis. To find out more about these positions go to the webpage: <a href="https://financial-aid.providence.edu/graduate/graduate-assistantships/">https://financial-aid.providence.edu/graduate/graduate-assistantships/</a>

## **Scholarships**

Students applying to enroll in the School Counseling Program may be eligible for one of three available scholarships. The value of the scholarships is based on endowment investments and the number of applicants and may vary each semester.

The links below provide eligibility information and application forms.

John Monahan Scholarship Application

Francis and Mildred Sullivan Scholarship Application

Rose A. Coccia Scholarship

## **School Counseling Order of Courses**

Students who enroll in the School Counseling Program as part-time students may take one or more courses in a semester. They make take the courses in each cluster in any order. However, it is strongly recommended that students take EDU 540, Principles of Guidance first. Whenever possible, students will be required to complete the courses within each cluster before proceeding on to the next one.

#### Cluster I

EDU 540: Principles of Guidance EDU 501: Fundamentals of Research EDU 541: Theories of Counseling EDU 546: Group Counseling

#### Cluster II

EDU 542: Career Information

EDU 558: Ethical & Legal Issues in Counseling

EDU 645: Families in Crisis

#### **Cluster III**

EDU 538: Developmental and Cross-Cultural Theories in Counseling

EDU 829: Designing & Implementing a Counseling Program

EDU 562: Assessment, Measurement, and Data in Counseling

#### **Cluster IV**

EDU 544: Counseling Pre-Practicum

EDU 548: Counseling Practicum

#### **Cluster V**

EDU 561: Counseling Internship I EDU 568: Counseling Internship II

#### **Please Note:**

EDU 544 is a prerequisite for EDU 548

EDU 548 is a prerequisite for EDU 561

EDU 561 is a prerequisite for EDU 568

#### **Graduate Assistants:**

**Year One:** All of Clusters 1 and 4, Part of clusters 2 and 3: (540, 541, 501,

546, 538, 558, **544,548**)

**Year Two:** Clusters 5, remaining 2, and 3 (542, 561, 562, 568, 645, 829

## **School Counseling Plan of Study**

#### Sample Plan of Study: Full-Time (2-year plan) \*

	Fall Semester	Spring Semester	Summer I & II
Year 1	EDU 540: Principles of	EDU 501: Fundamentals of	EDU 544: Counseling Pre-
	Guidance	Research	Practicum (I)
	EDU 541: Theories of	EDU 546: Group Counseling	EDU 548: Counseling
	Counseling	EDU 558: Ethical & Legal	Practicum (II)
	EDU 542: Career Information	Issues in	EDU 829: Designing &
		Counseling	Implementing Counseling
			Program
Year 2	EDU 561: Internship I	EDU 568: Internship II	
	EDU 562: Assessment,	EDU 645: Families in Crisis	
	Measurement, & Data		
	EDU 538: Developmental &		
	Cross-Cultural Theories (I)		

<sup>\*</sup>GAs must take 544 and 548 during their first summer

#### Sample Plan of Study: Part-Time (3-year plan)

	Fall Semester	Spring Semester	Summer I & II	
Year 1	EDU 540: Principles of Guidance EDU 541: Theories of Counseling	EDU 645: Families in Crisis EDU 546: Group Counseling	EDU 501: Fundamentals of Research (II)	
Year 2	EDU 542: Career Information EDU 538: Developmental & Cross-Cultural Theories	EDU 558: Ethical & Legal Issues in Counseling EDU 562: Assessment, Measurement, & Data	EDU 544: Counseling Pre- Practicum (I) EDU 548: Counseling Practicum (II)	
Year 3	EDU 561: Internship I EDU 829: Designing & Implementing	EDU 568: Internship II		

#### Sample Plan of Study: Part-Time (4-year plan)

	Fall Semester	Spring Semester	Summer I & II
Year 1	EDU 540: Principles of	EDU 546: Group	EDU 538: Developmental &
	Guidance	Counseling	Cross-Cultural Theories (I)
			EDU 501: Fundamentals of
			Research (II)
Year 2	EDU 541: Theories of	EDU 645: Families in Crisis	EDU 542: Career Information
	Counseling		(I)
Year 3	EDU 829: Designing &	EDU 558: Ethical & Legal	EDU 544: Counseling Pre-
	Implementing	Issues in Counseling	Practicum
			EDU 548: Counseling
			Practicum
Year 4	EDU 561: Internship I	EDU 568: Internship II	
	EDU 562: Assessment,		
	Measurement, & Data (or		
	Spring)		

#### **Please Note:**

EDU 544 is a prerequisite for EDU 548 EDU 548 is a prerequisite for EDU 561 EDU 561 is a prerequisite for EDU 568

## School Counseling Schedule of Courses of 2024 - 2025 \*Class days and times are subject to change

		Fall Semester		
	Monday	Tuesday	Wednesday	Thursday
4:00 – 6:30 pm	EDU 541	EDU 561	EDU 538	EDU 542
	EDU546		EDU 540	EDU 829
7:00 – 9:30 pm		EDU 544	EDU 562	EDU 893
		EDU 855	EDO 302	EDC 673
	·	Spring Semeste	r	
	Monday	Tuesday	Wednesday	Thursday
4:00 – 6:30 pm	EDU 548	EDU 568	EDU 558	EDU 546
7:00 – 9:30 pm	EDU 501		EDU 829	EDU 540
7.00 – 3.30 pm	EDU 541	EDU 645	EDU 562	EDU 893
		Summer I Semest	er	
	Monday	Tuesday	Wednesday	Thursday
4:30 – 8:00 pm	EDU 542	EDU 538	EDU 542	EDU 538
	EDU 829	EDU 540	EDU 829	EDU 540
C-00 0-00		EDU 544		EDU 544
6:00 – 9:30 pm		EDU 855		EDU 855
		Summer II Semes	ter	
	Monday	Tuesday	Wednesday	Thursday
4:00 –7:30 pm	EDU 558	EDU 501	EDU 558	EDU 501
	EDU 893	EDU 548	EDU 893	EDU 548
		EDU 645		EDU 645

## General Guidelines for Portfolio Development

Master of Education in School Counseling
Updated June 2024

In order to complete the Master of Education in School Counseling Program, students must develop a program portfolio which demonstrates their knowledge and growth over the course of the program.

The School Counseling Program is designed to prepare counselors to meet the standards developed by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). These standards form the framework upon which student portfolios will be developed. The portfolio is based on the standard(s)/indicator(s).

#### Click here for the 2016 CACREP standards

Every CACREP standard and indicator will be covered in at least one class. Some will be covered in only one class.

Each course has one or more assignments aligned with one or more standards/indicators.

The Portfolio lives in Microsoft One Drive.

- Students will be sent the link to their own portfolio.
- Students will have access to their own portfolio only.
- The Director will have access to all the students' portfolios.

#### The portfolio is arranged in folders.

- A Portfolio Checklist mimicking the required contents allows students to keep track of their progress. The director will monitor and reference this at the end of the first-semester and mid-point reviews.
- In addition to the standards/indicators' folders, there will be a folder for the following: Reflections (2 page and 4 page), Praxis test score (not necessary to pass in order to graduate), Right to Read certificates and Assessments.

#### **Process:**

• Students must submit a cover reflection form with their assignment for each standard/indicator in order to receive a grade. Instructors will review the reflections for relevance and completeness. Instructors will withhold the assignment's grade until the reflection is completed.

• Whan students complete a course, they will have completed the corresponding standard(s)/indicator(s) and uploaded the cover and corrected assignment (with comments) to the corresponding Standard/Indicator folder(s). At that time they should update their Portfolio Checklist

#### **Assessments**

- <u>End of first semester review</u>: Students submit their 2-page reflection. The director reviews it and meets with each student to develop a course map for program completion. They will discuss portfolio development to date.
- <u>Mid-point review</u>: A questionnaire which students must complete is emailed to them when they have completed half of the courses in the program. They submit the completed questionnaire to the director who reviews it. The student and director meet to discuss progress and portfolio development to date.
- <u>End of program review</u>: Students submit a 4-page reflection during their last semester and develop a PPT reflecting their professional journey through the program. The director and 2 faculty members will review both. The student will be invited to make a presentation and have a discussion with the director and the 2 faculty members. Students are invited to sign up for their final review in April on a Google doc.

#### **Rubrics**

Reflections and presentations will be assessed using criteria checklists and rubrics which describe performance at the Distinguished level.

Checklist Rubric

## Internship

The school counseling internship experience (300 hours) is viewed as an important phase of the School Counselor Education Program and as such, a significant share of the intern's time is devoted to exposure and involvement in onthe-job activities providing sufficient time to enable the intern to grow both personally and professionally.

Supervision of the intern by the Site Supervisor must be performed by a certified professional school counselor in the school, with a minimum of three years' experience, knowledgeable of the CACREP Standards and their school application, who has an interest in supervision and sufficient preparation and a master's degree to assure that the intern's professional development becomes a mutual experience for both the intern and the supervisor.

No student will be authorized to enroll in the internships without the successful completion of EDU 544 (Pre-Practicum Training) and EDU 548 (Counseling Practicum).



School of Education and Social Work

## Master of Education in School Counseling

## Handbook Resources

Forms/Rubrics
Scholarship Applications
Portfolio Development Guidelines
Internship Resources

2024 - 2025



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## John Monahan Scholarship

The annual distribution for the John Monahan Scholarship Fund is used to provide scholarship grants to deserving minority students who are enrolled in a Providence College Master's of Education degree program. Please complete the following application if you wish to be considered for this honor.

Student's Name:	
Banner ID#:	
Address:	
Phone Number:	_E-Mail Address:
Graduate Program of Study:	
Ethnic Heritage:	Current GPA:
In a one-page response, please	explain why you feel that you are

Please return this application and your written response to: School Counseling Graduate Program Providence College One Cunningham Square Providence, RI 02918-0001 Harkins 217

deserving of this scholarship.

## Francis and Mildred Sullivan Scholarship Application

The annual distribution for the Francis and Mildred Sullivan Scholarship Fund is used to provide scholarship grants to deserving minority students who are enrolled in a Providence College Master's of Education degree program. Please complete the following application if you wish to be considered for this honor.

Student's Name:
Banner ID#:
Address:
Phone Number:E-Mail Address:
Graduate Program of Study:
Ethnic Heritage:Current GPA:
n a one-page response, please explain why you feel that you are

Please return this application and your written response to: School Counseling Graduate Program Providence College One Cunningham Square Providence, RI 02918-0001 Harkins 217

## Rose A. Coccia Scholarship

The annual distribution for the Rose A. Coccia Scholarship Fund is used to provide scholarship grants to deserving minority students who are enrolled in a Providence College Master's of Education degree program. Please complete the following application if you wish to be considered for this honor.

Student's Name:	
Banner ID#:	
Address:	
Phone Number:	E-Mail Address:
Graduate Program of Study: _	
Ethnic Heritage:	Current GPA:

In a one-page response, please explain why you feel that you are deserving of this scholarship.

Please return this application and your written response to: School Counseling Graduate Program Providence College One Cunningham Square Providence, RI 02918-0001 Harkins 217

## 2016 CACREP Standards

Curricular experiences and demonstrated knowledge in each of the eight common core areas are required of all students in the program.

1	Professional	a.	history and philosophy of the counseling profession and its specialty areas
	Counseling Orientation and Ethical Practice	b.	the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation
		C.	counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams
		d.	the role and process of the professional counselor advocating on behalf of the profession
		e.	advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients
		f.	professional counseling organizations, including membership benefits, activities, services to members, and current issues
		g.	professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues
		h.	current labor market information relevant to opportunities for practice within the counseling profession
		i.	ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling
		j.	technology's impact on the counseling profession
			strategies for personal and professional self-evaluation and implications for practice
		l.	self-care strategies appropriate to the counselor role
		m.	the role of counseling supervision in the profession

2.	Cultural	a.	multicultural and pluralistic characteristics within and among diverse groups nationally and internationally
	Diversit y	b.	theories and models of multicultural counseling, cultural identity development, and social justice and advocacy
		c.	multicultural counseling competencies
		d.	the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others
		e.	the effects of power and privilege for counselors and clients
		f.	help-seeking behaviors of diverse clients
		g.	the impact of spiritual beliefs on clients' and counselors' worldviews
		h.	strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination
3.	Human Growth	a.	theories of individual and family development across the lifespan
	& Development	b.	theories of learning
		c.	theories of normal and abnormal personality development
		d.	theories and etiology of addictions and addictive behaviors
		e.	biological, neurological, and physiological factors that affect human development, functioning, and behavior 10
		f.	systemic and environmental factors that affect human development, functioning, and behavior
		g.	effects of crisis, disasters, and trauma on diverse individuals across the lifespan
		h.	a general framework for understanding differing abilities and strategies for differentiated interventions
		i.	ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan

4	Career	a.	theories and models of career development, counseling, and decision making
	Development	b.	approaches for conceptualizing the interrelationships among and between work, mental well-being, relationships, and other life roles and factors
		c.	processes for identifying and using career, avocational, educational, occupational and labor market information resources, technology, and information systems
		d.	approaches for assessing the conditions of the work environment on clients' life experiences
		e.	strategies for assessing abilities, interests, values, personality and other factors that contribute to career development
		f.	strategies for career development program planning, organization, implementation, administration, and evaluation
		g.	strategies for advocating for diverse clients' career and educational development and employment opportunities in a global economy
		h.	strategies for facilitating client skill development for career, educational, and life-work planning and management
		i.	methods of identifying and using assessment tools and techniques relevant to career planning and decision making
		j.	ethical and culturally relevant strategies for addressing career development

5.	Counseling	a.	theories and models of counseling			
	and Helping Relationships	b.	a systems approach to conceptualizing clients			
	Relationships	c.	theories, models, and strategies for understanding and practicing consultation			
		d.	ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationships			
		e.	the impact of technology on the counseling process			
		f.	counselor characteristics and behaviors that influence the counseling process			
		g.	essential interviewing, counseling, and case conceptualization skills			
			developmentally relevant counseling treatment or intervention plans			
			development of measurable outcomes for clients			
		j.	evidence-based counseling strategies and techniques for prevention and intervention			
		k.	strategies to promote client understanding of and access to a variety of community-based resources			
		l.	suicide prevention models and strategies			
		m.	crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid			
		n.	processes for aiding students in developing a personal model of counseling			

6. Group		a.	theoretical foundations of group counseling and group work	
	Counseling and Group	b.	dynamics associated with group process and development	
	Work	C.	therapeutic factors and how they contribute to group effectiveness	
		d.	characteristics and functions of effective group leaders	
		e.	approaches to group formation, including recruiting, screening, and selecting members	
		f.	types of groups and other considerations that affect conducting groups in varied settings	
		g.	ethical and culturally relevant strategies for designing and facilitating groups	
		h.	direct experiences in which students participate as group members in a small group activity, approved by the program, for a minimum of 10 clock hours over the course of one academic term	
7.	Assessment	a.	a. historical perspectives concerning the nature and meaning of assessment and testing in counseling	
	and Testing	b.	b. methods of effectively preparing for and conducting initial assessment meetings	
		C.	c. procedures for assessing risk of aggression or danger to others, self-inflicted harm, or suicide	
		d.	d. procedures for identifying trauma and abuse and for reporting abuse	
		e.	use of assessments for diagnostic and intervention planning purposes	
		f.	basic concepts of standardized and non-standardized testing, norm-referenced and criterion- referenced assessments, and group and individual assessments	
		g.	statistical concepts, including scales of measurement, measures of central tendency, indices of variability, shapes and types of distributions, and correlations	
		h.	reliability and validity in the use of assessments	
		i.	use of assessments relevant to academic/educational, career, personal, and social development	
		j.	use of environmental assessments and systematic behavioral observations	
		k.	use of symptom checklists, and personality and psychological testing	
		l.	use of assessment results to diagnose developmental, behavioral, and mental disorders	
		m.	ethical and culturally relevant strategies for selecting, administering, and interpreting assessment and test results	

#### **2016 CACREP Common Core Areas**

8.	Research & Program	a.	the importance of research in advancing the counseling profession, including how to critique research to inform counseling practice	
	Evaluation	b.	identification of evidence-based counseling practices	
		c.	needs assessments	
d. e.		d.	development of outcome measures for counseling programs	
		e.	evaluation of counseling interventions and programs	
		f.	qualitative, quantitative, and mixed research methods	
			designs used in research and program evaluation	
		h.	statistical methods used in conducting research and program evaluation	
		i.	analysis and use of data in counseling	
		j.	ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation	

## School Counseling Graduate Program Reflections for Standard/Indicators and Artifact Entry Form

Student	Course #	Assignment Name
		8

Instructors will include this form in their syllabus with the appropriate assignment's instructions.

Candidates will copy this form as the portfolio reflections at the end of appropriate assignments.

**Student's Directions:** Highlight the appropriate CACREP Standard(s) and include which of its indicators you are meeting. Reflect deeply and comprehensively when responding to the questions in sections B and C. Instructors will grade your work as part of the course assignment and as an indication that this project/paper is portfolio ready (demonstrate quality, clarity and coherence).

#### A. 2016 CACREP Standards for Counseling

<u>Standard</u>	<u>Topic</u>	<b>Indicators</b>
Standard #1	Professional Counseling	
	Orientation and Ethical Practice	
Standard #2	Social & Cultural Diversity	
Standard #3:	Human Growth & Development	
Standard #4	Career Development	
Standard #5	Counseling and Helping	
	Relationships	
Standard #6	Group Counseling and Group	
	Work	
Standard #7	Assessment and Testing	
Standard #8	Research & Program Evaluation	

For each indicator addressed, please submit typed responses to the questions below.

B. How does this artifact demonstrate knowledge and/or performance related to the standard category and indicator(s) you have selected?

C. How might this artifact influence your work as a future school counselor? How does it show your growth over the course of the program so far?

#### PROVIDENCE COLLEGE PORTFOLIO PROCESS

## Graduate Counseling Program Portfolio Checklist

Student:									
		20	16 CAC	CREP	' Standa	ards/Indica	tors		
Circle or highlig	ght the appro	opriate ind	icators	as yo	u compl	ete them.			
Curriculum/ Knowledge:									
Course	540	541	54	2	558	561/568		562	829
Standard 1	a, b, c, e	1	h		i	g, m		e	d, f, j, k
Course		538			645	829			
Standard 2	a b c	, d, e, f, g,	h		d, f, g	h			
	1, 0, 0	, 4, 5, 1, 6,		ш,	,, &				
Course		538							
Standard 3	a b c	d, e, f, g, h	ı i						
Standard 3	a, o, c,	u, c, 1, g, 1	1, 1						
Course		542							
Standard 4	a, b, c, d, e, f, g, h, i, j								
Course	540	5,	41		5	44		548	829
Standard 5	1, m		, f, n	a	a, b, d, f, g, h, i, j, n			k	e
	,		, ,						
Course		546							
Standard 6	a, b, c, d, e, f, g, h								
Course	5	01	540			50	62	645	
Standard 7	a, g, h, k		d	a,	b, e, f,	g, h, i, k, m		c, 1	
Course	501	5	40		56	2		829	

Updated 1/2024

Standard 8

a, b, f, g, h, j

i

a, b, d, e, i

#### PROVIDENCE COLLEGE PORTFOLIO PROCESS

Rubric for Portfolio Entries

Level of Performance	Expectation					
Distinguished	Work (projects, case studies, presentations, exams, papers, reflections, etc.) shows evidence of high organization and coherence with the standards and indicators  Work demonstrated a highly proficient command of both oral and written language  Work is comprehensive and demonstrates a high level of analysis, synthesis, and/or application of theory and concepts from course material  The rationale for how the standards and indicators relate to the work is strong, clear, and relevant  Work shows high degree of self-reflection					
	Work shows evidence of organization and coherence with the standards and indicators					
	Work demonstrates a proficient command of both oral and written language					
Proficient	Work shows evidence of analysis and synthesis of theory and concepts from the course material					
	The rationale for how the standards and indicators related to the work is clear and relevant					
	Work shows self-reflection					
	Work shows little evidence of organization; coherence with the standards indicators in limited					
	Work demonstrates inconsistent quality in writing and/or oral language skills					
Emerging	Work shows an understanding of course material but lacks analysis and synthesis of theory and concepts					
	Work shows limited evidence of application of theory, derived from readings and coursework to practice					
	The rationale for how the standards and indicators relate to the work is limited					
	Work shows limited self-reflection					
Unacceptable	Work demonstrated the above characteristics to a minor degree or not at all					

## **Two-Page Reflection Paper**

You are beginning your graduate experience toward a degree that will lead to a position as a school counselor. Reflect upon the knowledge you have gained in your first few courses. The following issues should be addressed:

- A. What are your expectations of the school counseling program?
- B. What do you expect to learn that will affect your work as a school counselor?
- C. How do you see yourself in the role of a school counselor? Be specific.
- D. Optional. Feel free to make additional comments.

Please contact the Program Director at 401-865-2922 if you have any questions.

Please submit this reflection to the Program Director before the end of your first semester.

## **Four-Page Reflection Paper**

You will soon be completing your graduate experience. You have performed a multitude of tasks with a variety of individuals and in many situations. Reflect upon the knowledge you have gained. Thoroughly review your portfolio and look at your growth. The following issues should be addressed:

- A. What were your expectations and/or beliefs when you began your course work? Have they changed and, if so, how? If they have not changed, to what do you attribute that fact?
- B. What learning experiences, readings, projects, etc. gave you the most satisfaction?
- C. Which standard(s) led you to gain the most knowledge or growth? In what areas do you feel you need additional growth? How might you gain that additional growth?
- D. What have you learned about yourself and how will this affect your work as a school counselor? Reflect.
- E. How do you see yourself in the role of a school counselor? Be specific.
- F. What recommendations might you suggest which, if adopted, would enhance the counseling program?
- G. If you have taken the Praxis II Professional School Counselor test (5421), how well do you feel the Counseling Program prepared you to achieve a minimum passing score of 156 on this assessment?
- H. Optional. Feel free to make additional comments.

Please contact the Program Director at 401-865-2922 if you have any questions.

Please submit during Internship, EDU 568.

## **Final Presentation Criteria**

The PowerPoint presentation is intended to be an overview of your journey through the school counseling graduate program. It will provide insight for the Director and faculty who will engage with you in a discussion about the content. Consider using the following outline as your guide and be as creative in your presentation as you wish.

#### **Essential elements**

- Cover slide with identifying information (name, etc)
- 5-8 slides
- Alignment with the PowerPoint Rubric

#### Content

- Challenges/strategies
- Changes in perspective on profession
- Growth in knowledge/professionalism

#### Reflective thinking

What/who influenced your understanding of the profession?
Which course(s) and/or standards were the most meaningful? Why?
How did challenges support your growth?
Did your perspective of the profession change throughout the program? In what ways?

## PowerPoint Rubric

	Excellent Presentation	Good Presentation	Poor Presentation	
Overall Aesthetics (This refers to the look of the slides, not the information presented.)	Appealing graphic elements are included appropriately. Slides are easy to read, and movement and sounds are used effectively.	There are too few graphic elements. Appropriate background. Some slides hard to read.	Background makes the presentation hard to read. Graphics are confusing and not related to words. Too much movement in the slides. Many slides hard to read.	
Readability of the Slide	There are no errors in spelling, grammar, and punctuation. Bullets are consistent and clear. Information is clear and concise on each slide.	There are some errors in spelling, grammar, and punctuation. Bullet format is not consistent on a few slides. Too much information on two or more slides.	There are many errors in spelling, grammar, and punctuation. Bullet format is not consistent or clear. Too much information on many slides	
Presentation Skills	Presenter knew the information and progressed smoothly through the presentation. Diction and voice level engaged the audience in the presentation.	Presenter knew the information inconsistently and got lost sometimes. Diction and voice level made inconsistent.	Presenter didn't know the information and got lost often. Diction and voice level made listening difficult.	
Meeting Information Objectives/Content	Presenter provided information that was on task.	Presenter provided information that was at least partially on task.	Presenter did not provide pertinent information.	